

**Psalm 1:1-3 (NIV)**

**Psalm 40:1-3 (NLT)**

3 ways we end up in a pit:

FALL in.

PUSHED in.

JUMP in.

**Luke 8:26-38 (NIV)**

What does a spiritual fresh start look like?

1. Delivered.
2. At the feet of Jesus.
3. Dressed.
4. In your right mind.
5. A testimony for others.