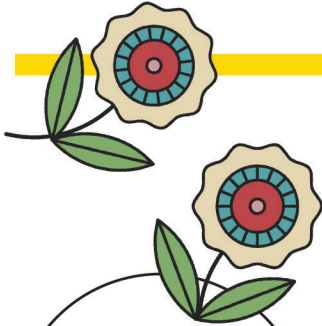


# Community Garden: Growing from the ground up



First, watch  
this week's  
video!

**Humility:**  
Putting others  
first by giving up  
what you think  
you deserve

### Memory Verse

"Don't do anything  
only to get ahead.  
Don't do it because  
you are proud.  
Instead, be humble.  
Value others more  
than yourselves."  
Philippians 2:3, NIV

### Bible Story

On the Road  
to Emmaus  
Luke 24:13-35

### Key Question

When has  
someone helped  
you understand  
something?

Use this guide to help your family learn  
how God can help us have humility.



## Activity

### Show What You Know

#### What You Need:

No supplies needed

#### What You Do:

Invite your child to spend time with you. Say, "In our Bible story today, Jesus helped His friends understand something that was at first confusing to them. What is something you know a lot about?" (*video games, math, soccer, YouTube videos, makeup, art, etc.*) Can you show me what you know?"

Spend time with your child, allowing them to help you understand something that they're interested in and know a lot about. If time allows, switch roles. Show your child something you're interested in, and help them understand why you like it.

When you're finished, say, "It feels good to help someone understand something that's important to us. We can also help people understand how much God loves us . . . and what Jesus has done for us!"

## Talk About the Bible Story

What did the men on the road to Emmaus learn about God's story that they didn't already know? (*Jesus explained to them how He is the Savior promised in the Scriptures.*)

What is something you discovered in this story that you didn't know before?

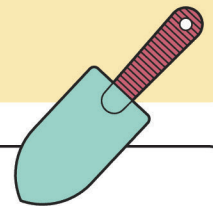
Is there someone you can share this new discovery with to help them know and better understand Jesus?

When it comes to knowing Jesus, what would you say are the most important things to understand?

What would you like to understand better about God? Who can you go to for help?

If someone asks you for help to understand something, when is it hard for you to do that with a good attitude? What makes the difference between it being hard or easy?

*Tell your child about a way that you've used the gifts and abilities God has given you to help others. You might have helped someone learn how to read, taught someone how to play the piano, or showed someone how to throw a football or make a lay-up. Or maybe you helped someone understand something about their faith in God.*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for allowing us to show humility in such an important way, by helping others understand. When we can help someone understand something better, help us to do it without complaining or expecting something in return. Show us how to follow Your example and put our family, friends, and others first this week. In Jesus' name, amen."